

# PLEASANT GROVE RECREATION CENTER

(336) 270 - 5124

Revised: 6/30/26

July 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> fitness room 8am – 12pm  community bingo 9am – 11am	<b>2</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>3</b>  C L O S E D	<b>4</b>  C L O S E D
<b>5</b>	<b>6</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>7</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>8</b> FITNESS ROOM 8:00am – 12:00pm	<b>9</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>10</b> FITNESS ROOM 8:00am – 12:00pm	<b>11</b> FITNESS ROOM / OPEN GYM 9:00am – 11:00am
<b>12</b>	<b>13</b> YOUTH SPORTS CAMP 9am – 12pm  FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm	<b>14</b> YOUTH SPORTS CAMP 9am – 12pm  FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm	<b>15</b> YOUTH SPORTS CAMP 9am – 12pm  COMMUNITY BINGO 9:00am – 11:00am  FITNESS ROOM 8:00am – 12:00pm	<b>16</b> YOUTH SPORTS CAMP 9am – 12pm  FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm	<b>17</b> FITNESS ROOM 8:00am – 12:00pm  YOUTH SPORTS CAMP 9:00am – 12:00pm	<b>18</b> FITNESS ROOM / OPEN GYM 9:00am – 11:00am
<b>19</b>	<b>20</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  YOUTH COOKING CAMP 9am – 12pm  OPEN GYM 6:00pm – 7:30pm	<b>21</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  YOUTH COOKING CAMP 9am – 12pm  OPEN GYM 6:00pm – 7:30pm	<b>22</b> FITNESS ROOM 8:00am – 12:00pm  YOUTH COOKING CAMP 9am – 12pm	<b>23</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  YOUTH COOKING CAMP 9am – 12pm  OPEN GYM 6:00pm – 7:30pm	<b>24</b> FITNESS ROOM 8:00am – 12:00pm  YOUTH COOKING CAMP 9am – 12pm	<b>25</b> FITNESS ROOM / OPEN GYM 9:00am – 11:00am
<b>26</b>	<b>27</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>28</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>29</b> FITNESS ROOM 8:00am – 12:00pm  COMMUNITY BINGO / POTLUCK LUNCH 9:00am – 11:30am	<b>30</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>31</b> FITNESS ROOM 8:00am – 12:00pm	