

PLEASANT GROVE RECREATION CENTER

(336) 270 - 5124

February 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	3 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	4 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	5 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	6 FITNESS ROOM 8:00am – 12:00pm	7 FITNESS ROOM / OPEN GYM 9:00am – 11:00am
8	9 FITNESS ROOM 8:00am - 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	10 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	11 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm COMMUNITY BINGO 9:am – 11:00am OPEN GYM 6:00pm – 7:30pm	12 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	13 FITNESS ROOM 8:00am – 12:00pm	14 FITNESS ROOM / OPEN GYM 9:00am-11:00am
15	16 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	17 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	18 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	19 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	20 FITNESS ROOM 8:00am – 12:00pm	21 FITNESS ROOM / OPEN GYM 9:00am – 11:00am
22	23 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	24 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	25 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm COMMUNITY BINGO / LUNCH 9:00am – 11:30am OPEN GYM 6:00pm – 7:30pm	26 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	27 FITNESS ROOM 8:00am – 12:00pm	28 FITNESS ROOM / OPEN GYM 9:00am – 11:00am