

# PLEASANT GROVE RECREATION CENTER

## (336) 270 - 5124

February 2026						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>	<b>2</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>3</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>4</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>5</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>6</b> FITNESS ROOM 8:00am – 12:00pm	<b>7</b> FITNESS ROOM / OPEN GYM 9:00am – 11:00am
<b>8</b>	<b>9</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>10</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>11</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  COMMUNITY BINGO 9:am – 11:00am  OPEN GYM 6:00pm – 7:30pm	<b>12</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>13</b> FITNESS ROOM 8:00am – 12:00pm	<b>14</b> FITNESS ROOM / OPEN GYM 9:00am-11:00am
<b>15</b>	<b>16</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>17</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>18</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>19</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>20</b> FITNESS ROOM 8:00am – 12:00pm	<b>21</b> FITNESS ROOM / OPEN GYM 9:00am – 11:00am
<b>22</b>	<b>23</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>24</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>25</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  COMMUNITY BINGO / LUNCH 9:00am – 11:30am  OPEN GYM 6:00pm – 7:30pm	<b>26</b> FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm  OPEN GYM 6:00pm – 7:30pm	<b>27</b> FITNESS ROOM 8:00am – 12:00pm	<b>28</b> FITNESS ROOM / OPEN GYM 9:00am – 11:00am