

PLEASANT GROVE RECREATION CENTER

(336) 270 - 5124

November 2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 FITNESS ROOM / OPEN GYM 9:00am – 11:00am
2	3 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	4 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	5 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm COMMUNITY BINGO 9:00am – 11:00am OPEN GYM 6:00pm – 7:30pm	6 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	7 FITNESS ROOM 8:00am – 12:00pm	8 FITNESS ROOM / OPEN GYM 9:00am – 11:00am
9	10 CLOSED	11 CLOSED FOR VETERANS DAY	12 CLOSED	13 CLOSED	14 CLOSED	15 FITNESS ROOM / OPEN GYM 9:00am – 11:00am
16	17 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	18 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	19 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm COMMUNITY BINGO / LUNCH 9am -12pm OPEN GYM 6:00pm – 7:30pm	20 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	21 FITNESS ROOM 8:00am – 12:00pm	22 FITNESS ROOM / OPEN GYM 9:00am – 11:00am
23	24 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	25 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	26 FITNESS ROOM 8:00am – 12:00pm	27 CLOSED FOR THANKSGIVING	28 CLOSED	29 CLOSED
30						