

PLEASANT GROVE RECREATION CENTER

(336) 270 - 5124

December 2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	2 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	3 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm COMMUNITY BINGO 9:00am – 11:00am OPEN GYM 6:00pm – 7:30pm	4 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	5 FITNESS ROOM 8:00am – 12:00pm	6 FITNESS ROOM / OPEN GYM 9:00am – 11:00am
7	8 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	9 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	10 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	11 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	12 FITNESS ROOM 8:00am – 12:00pm	13 FITNESS ROOM / OPEN GYM 9:00am – 11:00am
14	15 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	16 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	17 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm COMMUNITY BINGO / LUNCH 9:00am – 11:30am OPEN GYM 6:00pm – 7:30pm	18 FITNESS ROOM 8:00am – 12:00pm	19 FITNESS ROOM 8:00am – 12:00pm	20 FITNESS ROOM / OPEN GYM 9:00am – 11:00am
21	22 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	23 FITNESS ROOM 8:00am – 12:00pm	24 C L O S E D	25 C L O S E D	26 C L O S E D	27 C L O S E D
28	29 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	30 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	31 FITNESS ROOM 8:00am – 12:00pm			