

PLEASANT GROVE RECREATION CENTER

(336) 270 - 5124

May 2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm YOUTH VOLLEYBALL CLASSES 5:30pm – 8:00pm	2 FITNESS ROOM 8:00am – 12:00pm	3 FITNESS ROOM 9:00am – 11:00am OPEN GYM 9:00am – 11:00am
4	5 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	6 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm YOUTH VOLLEYBALL CLASSES 5:30pm – 8:00pm	7 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm COMMUNITY BINGO 9:00am – 11:00am OPEN GYM 6:00pm – 7:30pm	8 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm YOUTH VOLLEYBALL CLASSES 5:30pm – 8:00pm	9 FITNESS ROOM 8:00am – 12:00pm	10 FITNESS ROOM 9:00am – 11:00am OPEN GYM 9:00am – 11:00am
11	12 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	13 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm YOUTH VOLLEYBALL CLASSES 5:30pm – 8:00pm	14 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	15 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm CHAIR YOGA 10:00am – 11:00am YOUTH VOLLEYBALL CLASS 5:30pm – 8:00pm	16 FITNESS ROOM 8:00am – 12:00pm	17 FITNESS ROOM 9:00am – 11:00am OPEN GYM 9:00am – 11:00am
18	19 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	20 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm YOUTH VOLLEYBALL CLASSES 5:30pm – 8:00pm	21 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm COMMUNITY BINGO / LUNCH 9:00am – 12:00pm OPEN GYM 6-7:30pm	22 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm CHAIR YOGA 10:00am – 11:00am YOUTH VOLLEYBALL CLASS 5:30pm – 8:00pm	23 FITNESS ROOM 8:00am – 12:00pm	24 C L O S E D
25	26 C L O S E D F O R M E M O R I A L D A Y	27 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm YOUTH VOLLEYBALL CLASSES 5:30pm – 8:00pm	28 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm OPEN GYM 6:00pm – 7:30pm	29 FITNESS ROOM 8:00am – 12:00pm 6:00pm – 7:30pm CHAIR YOGA 10:00am – 11:00am YOUTH VOLLEYBALL 5:30pm – 8:00pm	30 FITNESS ROOM 8:00am – 12:00pm	31 FITNESS ROOM 9:00am – 11:00am OPEN GYM 9:00am – 11:00am