PLEASANT GROVE RECREATION CENTER (336) 270 - 5124

| Sun | Mon | Tue | May 2025 | Thu | Fri | Sat |
|------|------------------|------------------|-------------------|-----------------------|------------------|-------------------------------|
| Juli | | Tue | Weu | 1 | 2 | 3 |
| | | | | FITNESS ROOM | FITNESS ROOM | FITNESS ROOM |
| | | | | | 8:00am – 12:00pm | |
| | | | | 8:00am – 12:00pm | o:uuam – 12:uupm | 9:00am – 11:00am |
| | | | | 6:00pm – 7:30pm | | |
| | | | | VOUTU | | OPEN GYM 9:00am – 11:00am |
| | | | | YOUTH VOLLEYBALL | | 9:00am – 11:00am |
| | | | | CLASSES | | |
| | | | | 5:30pm – 8:00pm | | |
| 1 | 5 | 6 | 7 | 8 | 9 | 10 |
| | FITNESS ROOM | FITNESS ROOM | FITNESS ROOM | FITNESS ROOM | FITNESS ROOM | FITNESS ROOM |
| | 8:00am – 12:00pm | 8:00am – 12:00pm | 8:00am – 12:00pm | 8:00am – 12:00pm | 8:00am – 12:00pm | 9:00am - 11:00am |
| | 6:00pm – 7:30pm | 6:00pm – 7:30pm | 6:00pm – 7:30pm | 6:00pm – 7:30pm | p | |
| | | | | ereepin rieepin | | OPEN GYM |
| | OPEN GYM | YOUTH | COMMUNITY BINGO | үоитн | | 9:00am - 11:00am |
| | 6:00pm – 7:30pm | VOLLEYBALL | 9:00am – 11:00am | VOLLEYBALL | | oroouni rinoouni |
| | | CLASSES | erovani invouni | CLASSES | | |
| | | 5:30pm – 8:00pm | OPEN GYM | 5:30pm – 8:00pm | | |
| | | | 6:00pm – 7:30pm | | | |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| | FITNESS ROOM | FITNESS ROOM | FITNESS ROOM | FITNESS ROOM | FITNESS ROOM | FITNESS ROOM |
| | 8:00am – 12:00pm | 8:00am – 12:00pm | 8:00am – 12:00pm | 8:00am – 12:00pm | 8:00am – 12:00pm | 9:00am – 11:00am |
| | 6:00pm – 7:30pm | 6:00pm – 7:30pm | 6:00pm – 7:30pm | 6:00pm – 7:30pm | 0.00am – 12.00pm | 9.00am - 11.00am |
| | 0.00pm - 7.30pm | 0.00pm – 7.30pm | 0.00pm – 7.30pm | 0.00pm – 7.30pm | | OPEN GYM |
| | OPEN GYM | YOUTH | OPEN GYM | CHAIR YOGA | | 9:00am - 11:00am |
| | 6:00pm – 7:30pm | VOLLEYBALL | 6:00pm – 7:30pm | 10:00am – 11:00am | | 9.00am - 11.00am |
| | 0.00pm - 7.30pm | CLASSES | 0.00pm – 7.30pm | 10.00aiii - 11.00aiii | | |
| | | 5:30pm – 8:00pm | | үоитн | | |
| | | | | VOLLEYBALL CLASS | | |
| | | | | 5:30pm – 8:00pm | | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| | FITNESS ROOM | FITNESS ROOM | FITNESS ROOM | FITNESS ROOM | FITNESS ROOM | — . |
| | 8:00am – 12:00pm | 8:00am – 12:00pm | 8:00am – 12:00pm | 8:00am – 12:00pm | 8:00am – 12:00pm | CLOSED |
| | 6:00pm – 7:30pm | 6:00pm – 7:30pm | 6:00pm – 7:30pm | 6:00pm – 7:30pm | | |
| | · · · | | | | | |
| | OPEN GYM | YOUTH | COMMUNITY BINGO / | CHAIR YOGA | | |
| | 6:00pm – 7:30pm | VOLLEYBALL | LUNCH | 10:00am – 11:00am | | |
| | | CLASSES | 9:00am – 12:00pm | үоитн | | |
| | | 5:30pm – 8:00pm | | VOLLEYBALL CLASS | | |
| | | | OPEN GYM 6-7:30pm | 5:30pm – 8:00pm | | |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| | CLOSED | FITNESS ROOM | FITNESS ROOM | FITNESS ROOM | FITNESS ROOM | FITNESS ROOM |
| | FOR | 8:00am – 12:00pm | 8:00am – 12:00pm | 8:00am – 12:00pm | 8:00am – 12:00pm | <mark>9:00am – 11:00am</mark> |
| | MEMORIAL | 6:00pm – 7:30pm | 6:00pm – 7:30pm | 6:00pm – 7:30pm | · · | |
| | DAY | | | CHAIR YOGA | | OPEN GYM |
| | | YOUTH | OPEN GYM | 10:00am – 11:00am | | <mark>9:00am – 11:00am</mark> |
| | | VOLLEYBALL | 6:00pm – 7:30pm | үоитн | | |
| | | CLASSES | | VOLLEYBALL | | |
| | | 5:30pm – 8:00pm | | 5:30pm – 8:00pm | | |